



# Women in Homeopathy May 2021

Resie Moonen, MD

The Netherlands

## Thich Nhat Hanh, in the art of living:



- *“Breathing in, I see all my ancestors in me: my mineral ancestors, plant ancestors, mammal ancestors, and human ancestors. My ancestors are always present, alive in every cell of my body, and I play a part in their immortality.”*
- *“Everything in the cosmos is the object of our perception, and, as such, it does not exist only outside of us but also within us.”*

## Case Anna, 7 years

- Her main complaint: Concentration problems, ADD and severe dyslexia.
- She is doing the first year in primary school for the second time. Her teacher says:
- „She is dreaming all day. The more difficult it is for her in school, the more she is day dreaming”.
- Anna: “I do not know why I cannot follow in class, I want to do everything perfect”!



# Pregnancy and early childhood

- Pregnancy: Her mother tells she was “ very active in her belly”, much more active then her first child, a son, as if “she never rested in her belly”.
- The delivery went very fast, too fast: the mother had a ruptured peroneum and Anna’s calvicula was broken.
- She started with breastfeeding, she was a very strong drinker, and she got quiet from breastfeeding.
- After 6 weeks the mother stopped breastfeeding her and started with botttle-feeding of powder baby milk.



# Sleep

- ▶ From that time on Anna had sleeping disorders. She could only sleep in the bed of her mother, close to her mothers body.
- ▶ She was restless in her sleep.
- ▶ Still now, it is difficult for Anna to fall asleep, and she has „a very light, alert sleep“.
- ▶ „She sleeps as if she is has to keep watch over, to guard: She wakes up from the slightest noise in the house“
- ▶ She hears everything in the house during the night. In general she is very sensitive to noises.



# Fears and sensitivities

- R. Anna, tell me, why are you awake and guarding during the night?
- A.:” I have fear a **thief, an intruder** will come. I am afraid they did not close the door properly, I keep on listening, so I can warn my dad if somebody is there”!
- R. Do you have other fears?
- A: „Yes, I have a big fear of **lions, snakes and scorpions!!** I can keep on thinking of these animals“.
- Anna has a **lack of self confidence, she feels very insure, also about her capacities in school.** “I do make a lot of **mistakes in calculating and writing, but I want to do it perfect,** I do not know why this is happening, I have a **fear i will fail** when we have examinations or tests. It is **difficult to organize her homework,** and...**she wants to go outside!”**
- She **is irresolute, ”dreamy”**



# Sensitive to

- ▶ „I have to cry, if somebody is quarreling. If my dad uses hard words to my older brother ( he is from a former marriage of the mother, he has another biological father), or if my parents are quarreling.
- ▶ I cannot stand shouting, or loud talking. It pains in my ears, and I start crying.
- ▶ I always want to be good friends with my friends, no conflicts, I rather do what they want, then have a dispute.
- ▶ I love to be with mammy, sitting on her lap. I want to sleep close to her in her bed“



# Passion and dreams:

- ▶ „I love horses very, very much, the most of anything in the **world**. When I come home from school I go to the meadow and kiss them, and cuddle them, and take care for them. I can do this for hours, even without riding, just **cuddling and caring**. They are always there for me, my best friends!
- ▶ I dream about horses, and about horse riding
- ▶ If there is something difficult, or when there is shouting, I run out of the house and go to the horses. They always help me, and I feel much better then“.
- ▶ She chooses color **12/13C !**
- ▶ Generalities: Desire milk+++! Hungry!



# Rubrics:

mind; MISTAKES, making; calculating, in (37)  
mind; MISTAKES, making; writing, in; letters (70)  
mind; MISTAKES, making; writing, in; letters; transposing, misplacing (28)  
mind; SHRIEKING, screaming, shouting; anger, vexation agg. (34)  
mind; DISCORDS agg., ailments from; relatives, friends, between (31)  
mind; CONCENTRATION; difficult (567)  
mind; DREAMS; horses (58)  
mind; SENSITIVE, oversensitive; noise, sounds, to, agg. (416)  
mind; ESCAPE, desire to (181)  
mind; APPRECIATION, desires; mother, by (3)  
sleep; WAKING; noise, from; slight, from (50)  
generalities; FOOD and drinks; milk, milk products; desires (124)

# Repertorisation:

	Lac-eq.	Nux-v.	Lyc.	Lach.	Merc.	Phos.	Jade	Staph.	Zinc.	Sulph.	Lac-c.	Nat-m.	Ars.	Ign.	Germ.	Anac.	Stron.
<b>Total</b>	16	21	19	18	18	16	10	15	14	14	13	14	13	13	11	13	1
<b>Rubrics</b>	10	9	6	8	7	6	5	5	6	6	5	5	6	6	6	5	4
<b>Kingdoms</b>	Red	Green	Green	Red	Blue	Blue	White	Green	Blue	Blue	Red	Blue	Blue	Green	Blue	Green	Green
mind; MISTAKES, making; calculating, in (37)	Light Blue	Purple	Purple	Light Blue	Light Blue	White	White	White	White	White	White	White	White	White	Light Blue	White	White
mind; MISTAKES, making; writing, in; letters (70)	Light Blue	Light Blue	Blue	White	White	White	White	White	Light Blue	White	Purple	White	White	White	Light Blue	White	Light Blue
MISTAKES, making; writing, in; letters; transposing, ... (28)	Light Blue	White	Purple	White	White	White	White	White	White	White	White	White	White	White	Purple	White	Light Blue
mind; SHRIEKING, screaming, shouting; anger, vexation agg. (34)	Purple	Light Blue	White	White	White	White	White	Purple	Light Blue	White	White	Light Blue	White	White	White	White	White
DISCORDS agg., ailments from; relatives, friends, between (31)	Purple	Light Blue	White	Light Blue	Light Blue	White	Purple	White	Light Blue	White	Purple	Light Blue	Light Blue	White	Purple	White	White
mind; CONCENTRATION; difficult (567)	Light Blue	Black	Black	Black	Purple	Black	Blue	Purple	Purple	Purple	Purple	Purple	Light Blue	Purple	Black	Black	Purple
mind; DREAMS; horses (58)	Light Blue	White	White	Light Blue	White	Purple	Blue	White	Blue	White	White	White	White	White	White	White	White
mind; SENSITIVE, oversensitive; noise, sounds, to, agg. (416)	Purple	Black	Black	Black	Purple	Purple	White	Purple	Black	Purple	Purple	Black	Purple	Black	Light Blue	Blue	Black
mind; ESCAPE, desire to (181)	Light Blue	Purple	Purple	Purple	Black	Light Blue	Blue	Purple	Purple	Light Blue	Light Blue	White	Black	Light Blue	Light Blue	Purple	Black
mind; APPRECIATION, desires; mother, by (3)	Light Blue	White	White	White	White	White	White	White	White	White	White	White	White	White	White	White	White
sleep; WAKING; noise, from; slight, from (50)	White	Light Blue	White	Light Blue	Purple	Blue	White	White	White	Purple	White	White	Light Blue	Purple	White	White	White
generalities; FOOD and drinks; milk, milk products; desires (124)	White	Purple	White	Purple	Purple	Purple	Light Blue	Purple	White	Purple	Purple	Purple	Purple	Light Blue	White	Light Blue	White

# Lac equinum:





## Follow-up video:

- ▶ She sleeps in her own room, in her own bed for the first time.
- ▶ Her concentration is much better, less day dreaming
- ▶ Her problems with reading and calculating are less. Her teacher is surprised her results for writing are so good, although she tested the severest degree of dyslexia one year ago.
- ▶ She loves to read now.
- ▶ Still enormous love and passion for horses, dreaming of riding, and of caring them.



## Case Man, born in 1981. Chronic Asthma. Complaints:

- ▶ I have an **allergy for dogs, cats, dust and pollen**
- ▶ **Always dyspnea**, often coughing for a longer time. Recurrent bronchitis; I needed 2 times antibiotics during the last 2 months. I use inhalers all the time, without much result.
- ▶ **Eczema**, from childhood, I always had a very dry skin. Arms, legs, neck, all over, worse after contact with cats.
- ▶ **Grinding teeth** during sleep.
- ▶ I want **change all the time, I am easily bored**. I always was stubborn, **strong willed!**

# ADHD symptoms:

- ▶ “I was diagnosed with ADHD as a child, I could not sit for a longer time, always moving. School was a big problem for me; it was too boring and I could not sit a whole day in class, terrible”
- ▶ “I started working in logistics” R. Tell me about logistics P. “I like it because I **can move all the time**, from one place to another, and... I am **free to schedule** my own time”
- ▶ R. Free? Tell me more.
- ▶ P.” I cannot stand when somebody tells me what I have to do, and how I have to do it. I **want to decide myself**, and then I do it without a problem. I am **very energetic**, and at the end of the day everything is done, so there is no problem for my boss. He just has to let me do it; **he has to let me free!** I love riding the car, going from one place to another. **I get easily bored.** I **need my freedom**, that is very important for me. My wife has to cope with this as well. I love her very much, but she has to let me, not telling me what I have to do in the garden, or around the house. It will be done, on my time and in my way”



# Passion:

- ▶ “I **have an extreme passion for horses**; I already had it as a child.
- ▶ I **raise full-blood horses** for running races. I do study the **blood-lines** of the horses; I know everything about **bloodlines of horses**, I get them together in a mare, to breed the **fastest and strongest** running horse!
- ▶ I am very dedicated to the horses. When once my dad sold a horse I had cultivated and raised, I did not talk with him for more almost 2 years!. I can be very **obstinate**, especially if it has to do with raising the horse.
- ▶ I really believe in the **capacity of a horse, the energy of it**, being **thoroughbred, strong bloodlines**: an enormous **strength and rapidity**.
- ▶ People know me as **positive and optimistic**, always going **for the extreme**, for the **velocity, the speed, winning a race!**”.



# Racing



- ▶ That's **why I love to race** in the sulky, to **be in the energy of the horse**; I feel I am part of it, I am in the **energy field of the horse**, and feel the strength, it is incredible and fascinating!
- ▶ I like to train the horse and myself **to the limit**, I do it every day
- ▶ I love the **competition**, I always want to win!"
- ▶ Choice of color: **9 C**, red!





Remedy:

## **Tuberculinum marmoreck (Tub-m):**

- ▶ **Serum extracted from the horses, BLOOD,** vaccinated by the filtrates of young cultures of the **Tubercle bacillus plus Streptococcus!!**
- ▶ Because of the blood of the horse this remedy contains elements of the characteristics of the horse!
- ▶ The first list of symptoms have been described already in 1912 by doctor Vannier, and later there were additions by Voegeli and Julian:

# Symptoms Tub-marmoreck:

- All the known symptoms of Tuberculinum
- Mind: Active and sensitive, nervous, restless.
- Restlessness, drives one from place to place!
- Symptoms from mental work!
- Sneezing, Laryngitis, Bronchitis, Tonsillitis,
- Swelling of the glands, Otitis
- **Asthma alternating with rheumatic complaints**
- Pain in the back, in the bones and joints, intercostal pain.



# Other physical indications:

- M. Sjögren en M. Besnier-Boeck, sarcoidosis
- Problems with the teeth
- Cold, easily cold.
- No appetite, anorexia
- Intermittent fever without knowing a cause
- Skin: dry, itching, acne rosacea, pityriasis, fissures





## Follow-up K., 6 years now:

- **No bronchitis anymore**
- No complaints of **allergy and hayfever!**
- Eczema also much better, does not need cortisone crème anymore
- He had an **epicondilitis lateralis** of his right elbow, which was treated already with injections; now spontaneously cured.
- Still very **passionate** about his horses. Works as a **black-smith now**. Even more **freedom to schedule** his time, being **Independent**.

## Case Joyce, 7 years, recurrent tonsillitis

- Consultation for frequent angina (infectious tonsillitis) with fever. She already had 6 times antibiotics.
- P/H: As a baby already frequent otitis, with purulent discharge.
- Her delivery was very fast!
- Mother gave breastfeeding for 4 weeks; she stopped because of cracks in the nipples. That was very difficult for Joyce; she reacted bad on botllemilk, a lot of crying.

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- Motoric development very fast, early walking.
  - Her teeth changed already at the age of 4 years!
  - She was very affectionate as a baby, wanted to be very close to the mother.
  - She has problems with concentration
  - She dreams about wolves, about fire.
  - She has a very light sleep, hears everything in the house!


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- She loves to be in the surrounding of a horse.
  - In her home she loves to sit sit on a wooden horse, when watching television.
  - First remedy:
  - Lac equinum 200
  - Reaction: concentration better, but... still tonsillitis.
  - One year later she had a tonsillectomie.



# New consultation after one year, age 8 years. Again taking the case:

- ➔ She is very obstinate, strong willed.
- ➔ Restlessness in class
- ➔ “I want freedom, I want to do things, that are dangerous’, f.e. I started riding horses, and I want to gallop sitting opposite, contrary”
- ➔ “I love to gallop, feel the energy of the horse. I changed the place I am riding; the horses there are more wild, I love it, I love the speed they have, it cannot go fast enough for me!”



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- Mother says she is more brutal, not dreamy anymore, very present!
  - The throat infections come with fever and coughing, but she is not having much pain. She does not want to stay home; she always wants to go outside, even when she is ill.
  - She loves eating soup, also for breakfast. And she loves eating meat3+
  - She chooses color: **8C**
  - **Colors in homeopathy:**  
[www.homeo.de/en/color.html](http://www.homeo.de/en/color.html)



# Remedy: Tub-marmoreck 200

## Follow-up, video

- Since her remedy, 2 years ago no new throat infections.
- No coughing, no more being ill
- She is doing well in school, and loves to go outside after school.
- Mother says: “i cannot hold her in the house”
- She is very active, positive and mother calls her “challenging”
- She is an energetic, positive happy child, courageous.
- She still loves horseriding; the last months her new challenge is.... jumping!

# Homeopathy: a chance for complete cure!

- Thank you for your attention!
- Questions are welcome
- [resiemoonen@yahoo.com](mailto:resiemoonen@yahoo.com)

